



Besteiro Middle School

Course Syllabus
2023-2024



Health Quest 8th Grade

Email: djhinojosa@bisd.us

Mr. David Hinojosa

Classroom #: (956) 698-2959

Website: wildcatlockerroom.weebly.com

Room: 127

Conference Time: 10:20am – 11:05am

Health Education is a required course. You will be expected to take notes, listen, do homework, take tests, be social and participate. By following the rules and bringing the items listed, you will be sure to grant yourself a successful year. ****Course Outline is subject to change****

1 st / 4 th Six Weeks	2 nd / 5 th Six Week	3 rd / 6 th Six Weeks
0 – Your health & wellness	09 – Physical Activity	02 – Dating Relationships & Abst.
1 – Social Health	11 – Personal Health Care	06 – Conflict Resolution
3 – Bullying & Cyberbullying	12 – Your Body Systems	07 – Violence Prevention
4 – Emotional Health	13 – Tobacco	17 – Communicable Diseases
5 – Mental & Emotional Health	14 – Alcohol	18 – Noncommunicable Diseases
8 – Nutrition	15 – Drugs	19 – Safety
	16 – Using Medicines Wisely	20 – Green Schools & Envi Health
	10 – The Life Cycle	

➤ Grades

- 60% Major (Exam, Test, Quiz, Projects, Essay).
- 40% Minor (Class Participation, Classwork, Homework, Journal, Presentation).

➤ Classroom Expectations

- **Daily Work:** If students do not finish the assignment in class, they are to complete it as homework.
- **Homework:** No late homework is accepted unless it is due to an excused absence. Not turning in homework assignment will be an automatic zero.

➤ Absent & Missing Work

- **Make-up work:** If a student is absent, it is up to them to ask what they missed and complete it in a timely manner (within 7 days). There will be no penalty for students who were absent at the time of assessment.
- Make-up work does not apply to homework grades.
- The new grade will be no higher than a 70.
- **Anything past the 7 days will be an automatic zero.** Missing assignments may be completed using Google Classroom. There is no excuse for being unable to complete work.

➤ Rules

- **Respect:** yourself, your classmates, your teacher, your classroom environment
- **Be:** on time, on task responsible for your own actions.
- **Follow:** class procedures, all directions, school policies.
- **No disruptions allowed:** Interrupting lessons, use of personal electronics (cellphones).

➤ **Cell Phones**

If a parent needs to get a hold of their child, please call the front office. Cell phones must be turned off and cannot be visible on campus during the school day. Students are to have their cell phones in their backpacks, not their pockets. If a student's cell phone disrupts class (is visible, can be heard, vibrates, or is being used) then that student is subject to:

- 1st Offense: confiscation of the device by teacher until class period (or at teacher's discretion).
- 2nd Offense: Confiscation of the device which will be turned in to administrator.

NOTE: If a student refuses to surrender the device or is argumentative during this process they will be subject to disciplinary action including possible referral.

➤ **Consequences for breaking the Rules**

1. Verbal Warning/Reminder
2. Written Documentation & Conference with Student
3. Parent Notification (Email, Phone Call or Conference)
4. Lunch Detention
5. Referral to Office

➤ **Student – Teacher – Parent Contract**

I have read and understood the contents of the syllabus for 2023 -2024 Health taught by Mr. Hinojosa

I understand the following policies as defined in this syllabus:

- BISD Grading Policy
- Course Material
- Course Objectives
- Course Outline
- Classroom Expectations (Grading Procedures/Daily Work/Homework/Make-up work)
- Classroom Rules
- Consequences
- School Supplies (3 ring binder, dividers, writing paper, pen/pencil, color/markers)

By signing this contract, I acknowledge that I am aware of what is expected as a student.

Student Name (Printed)

Student Signature

Phone #

Date

Parent/Guardian Name (Printed)

Parent/Guardian Name Signature

Phone #

Date